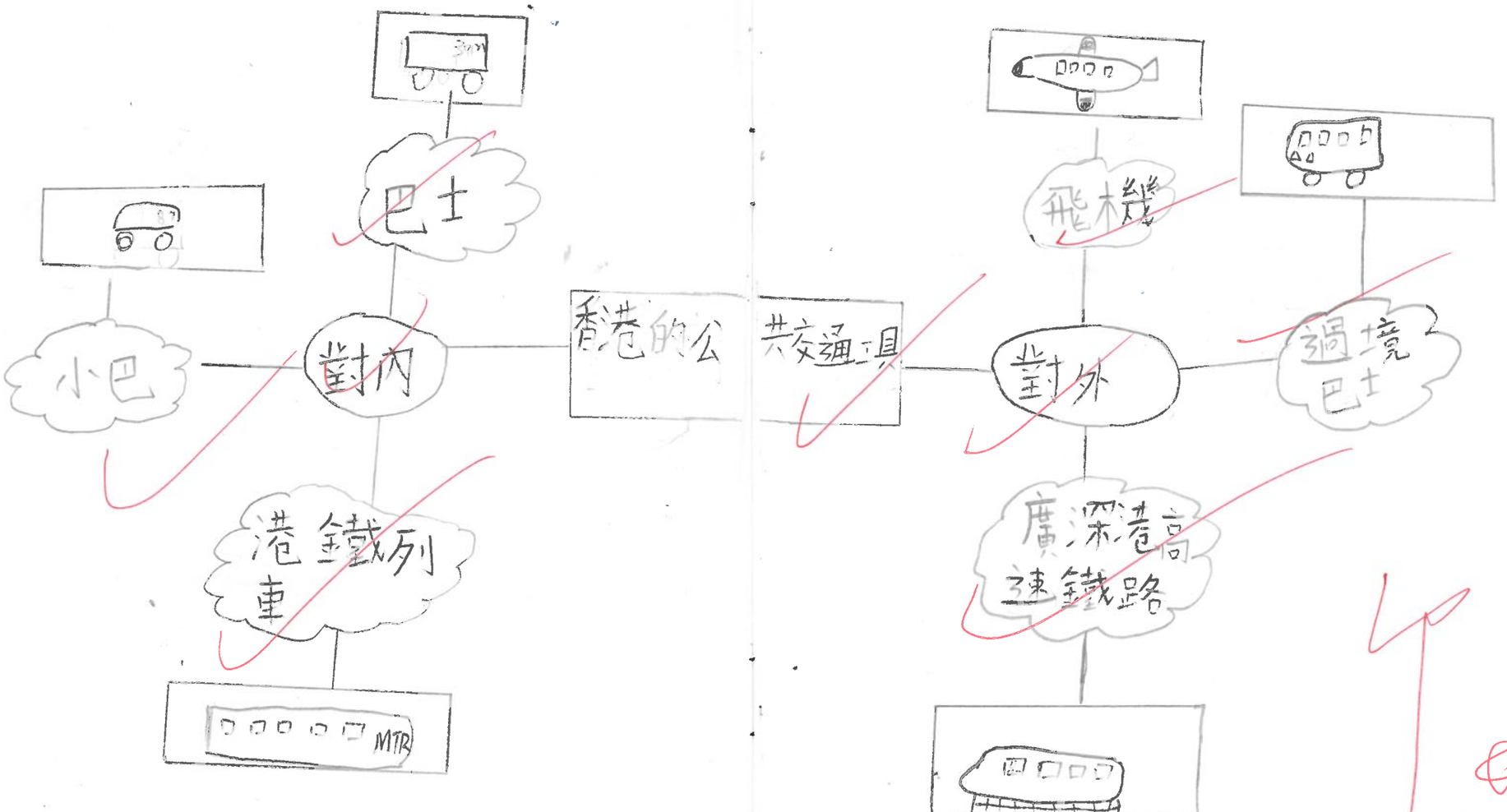5月19日