

## 4D 7 Ho Ka Yin, Una



I seldom go cycling because I am not good at it. Last Sunday, Jamie and I went cycling in Kowloon Park.

There was a slope on the cycle lane. I rode very fast and I fell on the ground. I hurt my knee, and it was bleeding.

I was very upset. Jamie saw what happened. He called the hospital for help and looked after me. At last, Jamie said," You should wear a helmet next time."

