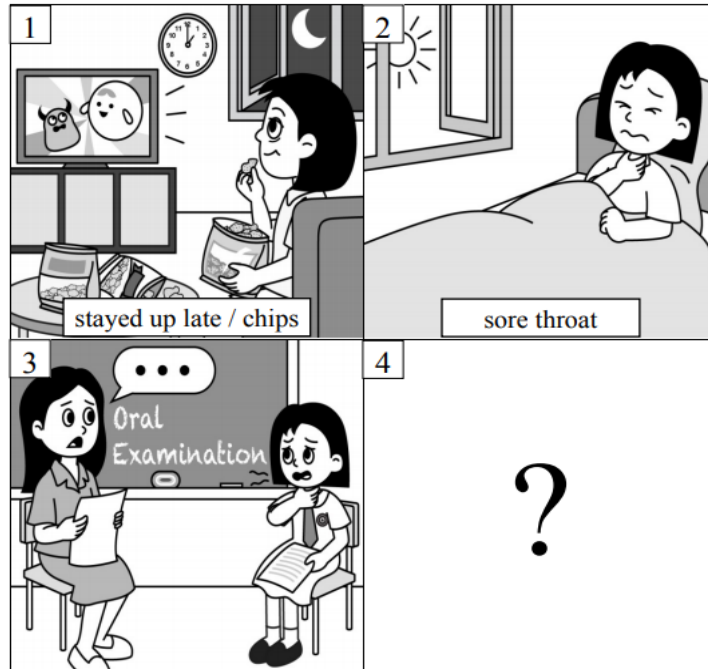


My Bad Day

6A (10) Lai Nga Mang, Mandy



Last Thursday night, I stayed up late and ate a lot of chips. I thought it was so yummy! At three o'clock at midnight, I felt tired, so I went to bed.

The next day, I woke up early, but I felt that my neck was in pain. I thought I had a sore throat on that day. I felt unwell because I couldn't say anything! But I should go to school at that moment because it was late.

That day, my school had an examination for students. But I felt very unwell, I couldn't talk! The teacher found me behaving oddly, and she said, 'Student, do you feel unwell?' I nodded my head. The teacher told me to stay at home and take a rest. After school, I went to the hospital to see a doctor.

Finally, I took some rest and took medicine at home. One day later, I got better. I understood that I should go to bed early. I shouldn't eat so many snacks.