

My Bad Day

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Last Friday was a day for me. I stayed up late, ate chips and watched TV. I felt tired because I slept at one o'clock in the morning.

When I woke up in the next morning, my throat was very

sore and I couldn't speak at all. I felt desperate because I had a speaking examination on the same day.

I arrived at school with a nervous heart. Afterwards, my teacher started the speaking examination. My teacher asked me the first question, but I couldn't make a sound and my throat hurt a lot.

My teacher asked me what was wrong with my throat. I wrote down everything on a piece of paper and showed it to my teacher, with an apology. After reading it, my teacher forgave me and let me take the speaking examination again next time. I felt touched. I learnt that I should not eat too many snacks as they are unhealthy.

