



I stayed up late yesterday. After I had finished doing homework, I started watching TV and ate three packets of potato chips. I watched TV until midnight at one o'clock.

On the next day, when I woke up, I felt unwell. I wanted to talk to my mum but I didn't say very loudly. I thought I had a sore throat because I ate too many potato chips. However, I didn't tell mum the truth. Then I went to school worriedly.

At school, I didn't say anything with my classmates because of the sore throat. During the English lesson, there was a speaking examination. When it started, I didn't say one word. Then the teacher asked me, 'Are you okay?' I wrote on a piece of paper and told the teacher that I got a sore throat.

At last, mum took me to see the doctor. Doctor told me not to say anything and take the medicine. Luckily, I could have the speaking exam next week. I have learnt that I shouldn't eat a lot of chips.