## My Bad Day By Sonthra Fineas Masih

Last Thursday night, my dad had to work the night shift. And my mom had to go on a business trip., they told me not to stay up late at night. But I didn't listen to them. I stayed up all night watching TV and eating chips. The first channel was playing a cartoon. I didn't like it but I remembered that this week was the NBA Playoffs. So, I immediately switched to another channel. I stayed all night watching TV. I finished eating all my potato chips. After the match, I found that it was 3:00 a.m. So, I went to bed and begin to sleep.

When I woke up on Friday morning, I could not speak because there was something wrong with my throat., I had a sore throat. I felt scared because I had an Oral Examination. I did not do revision as well because I spent all night watching the Playoffs. I quickly hid my pain and wen to school. When I had my oral examination, I sounded terrible. I couldn't answer nicely without my coughing.

I had a bad grade. The teacher called my mom and I had to leave school early. We went to a clinic and got some medicine. I had to stay in bad for five days.

I learnt that I should sleep earlier, eat less junk food and drink more water. I failed the exam as well. What a bad day!